Makalu Mountain

The view from the top of Makalu is of unparalleled beauty. Some of the prominent peaks seen include Everest (8848m), Lhotse (8516m), Cho Oyu (8201), Chamalang (7,319 m), Baruntse (7,129 m) and Mera (6,654 m) peaks.

Makalu Mountain is the fifth highest peak in the world, rising to 8,463 meters (27,765 feet) above sea level. It is located in the Mahalangur Himalayas, 19 kilometers (12 miles) southeast of Mount Everest, on the border of Nepal and China. It is part of the Annapurna massif, which consists of several other high peaks such as Annapurna I, Annapurna II, Annapurna III, Annapurna IV, Gangapurna, and Annapurna South.

Makalu Mountain is an isolated peak that has a perfect pyramid shape with four sharp ridges. It has two notable subsidiary peaks: Kangchungtse (7,678 meters) and Chomo Lonzo (7,804 meters). The north face of Makalu is very steep and glaciated, while the south face is more gentle and rocky. The mountain is surrounded by deep valleys and glaciers, such as the Barun Glacier and the Makalu Glacier.

Makalu Mountain was first observed by climbers of Mount Everest in the early 20th century, but attempts to climb it did not begin until 1954. The first ascent was made by a French expedition led by Jean Franco in 1955. They climbed the north face and northeast ridge via the saddle between Makalu and Kangchungtse (the Makalu-La), establishing the standard route. Since then, several other routes have been climbed on different faces and ridges of Makalu, such as the west face, the west pillar, the south face, and the southeast ridge.

Makalu Mountain is one of the most difficult and dangerous peaks to climb in the world. It requires a high level of technical skill, physical strength, mental endurance, and acclimatization. It also poses many risks such as avalanches, rockfalls, crevasses, icefalls, storms, and altitude sickness. Only a few hundred climbers have reached the summit of Makalu so far, and many have died or been injured in the attempt.

Duration: 12 days

Price: $10000

Rating: 5 Star

Group Size: 1

Grade: Strenuous

Destination: Nepal

Activity: Trekking in Nepal

Region: Makalu Region

Equiment Lists:

- Climbing gear: Ice axe, crampons, harness, carabiners, ascender, descender, helmet, rope, slings, etc.

- Mountaineering boots: Sturdy and warm boots that can fit crampons and withstand high altitude conditions.
- Trekking shoes: Comfortable and lightweight shoes for lower altitude trekking and walking.
- Down jacket: Warm and windproof jacket for cold weather and high altitude.
- Gore-Tex jacket and pants: Waterproof and breathable outer layer for protection from rain and snow.
- Fleece jacket and pants: Warm and cozy mid layer for insulation and comfort.
- Thermal underwear: Base layer for retaining body heat and moisture wicking.
- Shirts and trousers: Casual and comfortable clothing for lower altitude trekking and walking.
- Gloves: Warm and waterproof gloves for climbing and cold weather.
- Socks: Woolen or synthetic socks for warmth and comfort.
- Hat: Warm and windproof hat for covering the head and ears.
- Sunglasses: UV protection glasses for preventing snow blindness and eye damage.
- Sleeping bag: Warm and comfortable sleeping bag for camping at high altitude.
- Sleeping mat: Foam or inflatable mat for cushioning and insulation.
- Backpack: Durable and spacious backpack for carrying personal gear and equipment.
- Duffel bag: Large and sturdy bag for storing extra gear and equipment. It will be carried by porters or yaks.
- Headlamp: Bright and reliable headlamp for night time visibility and emergencies.
- Water bottle or bladder: Hydration system for drinking water during the trek and climb. It should be insulated to prevent freezing.
- Water purification tablets or filter: Water treatment method for ensuring safe drinking water from natural sources.
- Personal first aid kit: Basic medical supplies for treating minor injuries and illnesses. It should include painkillers, bandages, antiseptic, antibiotics, etc.
- Personal toiletries: Essential items for personal hygiene such as toothbrush, toothpaste, soap, towel, etc.
- Sunscreen: High SPF sunscreen for protecting the skin from sunburn and damage.
- Lip balm: Moisturizing balm for preventing dryness and cracking of the lips.
- Snacks: Energy bars, chocolates, nuts, dried fruits, etc. for boosting energy and morale during the trek and climb.