

## **Khopra Danda (Ridge) Trekking (15 Days)**



Khopra Danda Trek is another popular short trekking in the Annapurna region. It is one of the least visited off-the-beaten-path treks that provide beautiful views of the Annapurna, Dhaulagiri and Nilgiri Himalayas and directly supports community development programs.

Khopra Danda Trek is an alternative to the popular Ghorepani-Poonhill trek in the Annapurna region. It is an off-the-beaten-path; remote trek that provides beautiful views of the Annapurna, Dhaulagiri and Nilgiri Himalayas, community managed trekking trails and ethnic Magar culture.

Depending on your entry points, there are three different trekking routes for Khopra Danda Trek.

The first option is to trek to Ghandruk from Nayapool and get to Khopra via Tadapani, which is the shortest route you can choose.

The second option is to start trekking from Beni (Galeshor), a 6 hrs driving distance from Pokhara. The trail goes past the villages of Banskharka and Nangi to reach Mohare Danda (3660m), which is a perfect vantage point to see Annapurna and Dhaulagiri massifs.

The last option is to trek from Nayapool stopping over in the touristic villages of Ghorepani, Swanta and Upper Chistibang to finally reach Khopra.

The Khopra Ridge (3640m) offers spectacular views of Dhaulagiri (8167m), Annapurna (8091m), Machhapuchhare (6993m), Nilgiri South (6839m) and Hiuchuli (6441m). From here you will descend to Tatopani, a hot spring spot, where you can dip and soothe yourself of any pain. Next day you will exit to Pokhara via Nayapul.

**Corporate Social Responsibility (CSR) Initiative:**

Community development programs started by locals in this area such as yak farming & cross-breeding, cheese factory, Nepali Lokta paper, local plum Jam, and handmade wool products are added attractions for trekkers. Adventure Thirdpole Treks is dedicated to supporting these community programs by allocating a certain percent of the trekking revenue under our Corporate Social Responsibility (CSR) and Sustainable Tourism initiative. We encourage all our clients to choose Khopra Danda Trek.

Duration: 15 days

Price: \$1425

Rating: 4 Star

Group Size: Minimum Pax - 2

Grade: Strenuous

Destination: Nepal

Activity: Trekking in Nepal

Region: Annapurna Region

### **Quick Facts**

Trekking region : Annapurna

Total Days: 15 days

Trek Days: 11 days

Starting point of trek: Nayapool

Ending point of trek: Tatopani / Hot Spring

Trek distance: Approx. 110 KM

Best season to trek: March to November (9 months)

Attractions: Close Mountain, landscape, remote villages and people

Mode of transportation : Airplane, Tourist Bus / Private Transport (Jeep, Car, Van)

Himalayan sights : Annapurna & Dhawalagiri

Accommodation: Hotel, Local Loges & Community Lodge

Trekking Grade: Medium

Highest access of the trek: 4620m – Khayer Lake / Khopra Danda - 3660m

Culture & races: Magar and Gurung Culture & races

Driving distance from KTM: Kathmandu – Pokhara - 200 KM Pokhara – Nayapool - 45 KM Pokhara Galeshor, Beni - 86 KM

### **Itinerary:**

**Day 1:** Arrival in Kathmandu (1350m) O/N HOTEL (D)

On arrival in Kathmandu Airport, clear custom and apply for Nepal Visa (if required, USD25 + passport photo). Meet our company representative with a placard displaying your name and transfer to hotel in Kathmandu. If there is enough time in the afternoon, you

can explore Thamel or surrounding sites. Evening welcome dinner.

**Day 2:** Cultural Sightseeing around Kathmandu city & Trekking preparation (B)

Today you will have a morning guided tour of two world heritage monuments, namely Boudhanath and Pashupatinath. Boudhanath is one of the most popular and biggest Buddhist stupas in the world, a magnet for Tibetan Buddhism. Not far away you will visit one of the holiest and venerated Hindu temple of Pashupatinath. The golden-roofed pagoda-style temple hosts numerous monuments, cremation site, a deer and monkey park, and an eastern classical music center.

*Optional Trip: Mountain Flight in the morning which start from 6:40 to till 7:40. The flight offers you a bird's eye view of the magnificent landscape and Himalayan peaks including Mt. Everest*

**Day 3:** Kathmandu-Pokhara (850m) O/N Hotel (BLD)

We leave for Pokhara after morning breakfast. You can either drive for 6-7 hours to Pokhara or take a 30 min scenic flight from Kathmandu to Pokhara. On arrival at Pokhara, meet with our guide and transfer to hotel. The day is free at leisure to explore Pokhara on your own.

*Optional (Rafting) Trip to Pokhara: 3 hrs drives to Charaundi, the put-in point for Rafting on Trishuli River that ends at Kuringhat, then continue drive to Pokhara. Rafting cost extra 40 US\$ per person.*

**Day 4:** Pokhara - Ulleri (2070m, 6~7 hrs) O/N Teahouse (BLD)

Morning drive for one and a half hour to Nayapool (1011m), our starting point for trekking. The trail steadily progresses to Birethanti then gradually passes through Hile onto Tikhedhunga (1540m). It takes another 2 hrs to reach Ulleri (2070m), a small Magar village. Overnight in a local lodge.

**Day 5:** Ulleri - Ghorepani (2865m, 4~6 hrs) O/N Local Lodge (BLD)

The trail continuously climbs through rhododendron and oak forest to Ghorepani via Nangethanti (2460m). 'Thanti' is a Nepali word meaning 'rest house'. Nangethanti is a perfect spot for lunch break for those trekking slowly. Otherwise, those with good walking speed can directly head to Ghorepani for lunch. Ghorepani used to be a 'watering stop' for horses, mules, and ponies that carry daily supplies for this region.

**Day 6:** Ghorepani - Poon Hill (3210m, 1 hrs) - Swanta (2270m, 4~5 hrs) O/N Local Lodge (BLD)

Today your guide will wake you up around 5.00 am for an exciting 2 hrs hike to and from Poon Hill (3195m). You will reach the top of Poonhill just in time to see the beautiful sunrise over the snowcapped Himalayan peaks. Poonhill is the best vantage point to watch an unobstructed view of Annapurna, Dhaulagiri and Machhapuchhare peaks. Afterward, you will descend back to the lodge in Ghorepani where a nice warm breakfast awaits you.

Following your breakfast, you will begin your day's trek from Ghorepani. The first three hours is a downhill trail through sparse village settlement and forests followed by a straight one hour climb up to Swanta village. The green valley of Swanta lies at the lap of Mt. Annapurna South and Mt. Nilgiri. Swanta is the perfect place to rest before trekking up to Khopra. The local lodge in Swanta offers the best organic food and hot shower facility.

**Day 7:** Swanta - Chistibang (3026m, 4~5 hrs) O/N Community Lodge (BLD)

The trail from Swanta village to Chistibang (also called Dhankharka), initially levels with some downhill section, however steeply climbs to Chistibang on the final stretch. A locally operated Dhankharka Community Lodge has been recently built to cater to trekkers in the area. Your time in Chistibang will be crucial to acclimatize to the altitude and weather.

**Day 8:** Chistibang - Khopra Danda / Khopra Ridge (3660m, 4~5 hrs) O/N Community Lodge (BLD)

The track ahead of Chistibang is a steady ascent through alpine meadows and pastures till you reach the isolated yak pasture known as Khopra Danda. Located above tree-line, Khopra Ridge is an excellent viewpoint and hosts Khopra Danda Community Lodge. After lunch and some rest at the lodge, you can go for a short walk down to lower part of Khopra. Khopra Ridge offers a breathtakingly close-up panorama of Mt Dhaulagiri, Nilgiri, Fang, and Annapurna South as well as the world's deepest gorge of Kali Gandaki down below.

**Day 9:** Day hiking to Khayer Lake (4620m, 10~11 hrs) O/N Community Lodge (BLD)

Get up early and have a warm breakfast. Today you will be hiking up to Khayer Lake at 4620m. Since there are no teahouses along the way and around Khayer Lake, you will have to carry a lunch pack.

The trek runs below the Khopra ridge and across nearby cliffs with stunning views of Himalayan mountains. The Khayer Lake itself remains ensconced deep into a hill just below the summit of Annapurna South. Spread in an area of approximately 2 sq.km. the Khayer Lake is also named as Khayer Barahi after Goddess Barahi. It takes about 10/11 hrs to visit Khayer Lake and return.

Note: The trek is particularly suitable for adventure seeker who loves trekking in high altitude. So we recommend this trek as an optional trip. Those who do not want to take this adventure trip can shorten their itinerary by continuing their trek to Paudwar on this day.

**Day 10:** Khopra Danda - Paudwar (2000m, 4-5 hrs) O/N Local Lodge / home stay (BLD)

From Khopra Danda, the trek is entirely downhill all the way to Paudwar. Paudwar is a densely settled Magar village that also has a community operated cheese factory and local honey facility. You will have plenty of time to take a village tour, taste the cheese and honey and interact with locals. You can choose either a homestay or local lodge for overnight (subject to availability).

**Day 11:** Paudwar - Tatopani (1185m, 4-5 hrs) O/N Local Lodge (BLD)

Paudwar to Tatopani is a downhill walk through an unpaved road. Tatopani has a famous natural hot spring where you can relax and heal yourself.

**Day 12:** Drive from Tatopani to Pokhara - 5/6 hrs O/N Hotel (BLD)

After enjoying your breakfast, drive from Tatopani to Pokhara. Rest of day is free at leisure in Pokhara.

**Day 13:** Drive back to KTM - Alternatively you can drive to Lumbini or Chitwan National Park for Jungle safari (BL)

**Day 14:** Sight Seeing Bhaktapur (B)

**Day 15:** Fly back home

Final time for shopping or exploring Kathmandu. You will realize there is much more to do in Nepal. If you have specific requests to see things not included, wish to contact professional peers in an informal setting, or pursue other ventures, let us know and we can easily add extra days to this itinerary to meet your needs. Late morning transfer to the airport for your onward flight or continuing on with other explorations in Nepal.

### **Highlights:**

- Trek to Khopra Danda (3660m) and Khayer Lake (4660m)
- Off-the-beaten path and less crowded, community managed trekking trail
- Splendid Himalayan panorama of Annapurna, Dhaulagiri, Nilgiri and Machhapuchhare peaks
- Visit to ethnic Magar villages of Paudwar, Swanta, Nagi, Naryang villages
- Directly supports community lodges, schools, and cottage industries like cheese factory, yak farms, handicraft etc

### **Cost Include:**

- Airport / Hotel / Airport pick up & drop by private car / van
- Twin sharing accommodation on BB plan & single room for odd number at Hotel Blue Horizon or similar hotel in KTM - 4 nights
- Accommodation in local lodge during the trekking period
- Guided city tour in Kathmandu by car / van for 2 days
- All meals (breakfast, lunch and dinner) at tea houses during the trek to and from Kathmandu
- 1 government licensed English speaking Guide for every 10 trekkers during the trek to and from KTM
- 1 porters for every two trekkers to carry the luggage during the trek
- Domestic airfare where applicable as per the itinerary
- National Park or Conservation area entry permits for trekkers
- TIMS card (Trekker's Information Management System) for trekkers
- Tax, VAT, official expenses and company profit
- Welcome and farewell dinner
- Rest of the land transport as per the itinerary
- All Government and local taxes
- First aid kit comprehensive

### **Cost exclude:**

- Lunch and dinner while in Kathmandu
- Your personal travel insurance and medical evacuation in case of emergency (compulsory)
- International airfare and airport taxes
- Excess baggage charges while domestic flight, hot shower, battery charge (during the trek), telephone etc.
- Nepal entry visa fee (US\$ 30 per person) you obtain a visa easily upon your arrival at Tribhuvan International Airport in Kathmandu
- Alcoholic beverages, hot and cold drinks, bottle and boiled water, laundry and hot shower in trekking lodge
- Tips and gratuities for trekking staff and driver
- Sightseeing/Monuments entrance fees in Kathmandu
- Any others expenses which are not mentioned on Price Includes section
- Personal gears & clothing (available on hire)
- Expenses incurred due to accidents, landslide, strikes, political unrest, etc..
- Entrance fees during the cultural sightseeing in city.
- Expenses incurred in emergency evacuation/road block due to any reason, table drinks, snacks while walking
- Service other than mentioned on above as "Includes" topic

### **Other Features:**

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- Trek distance: Approx. 110 KM
- Best season to trek: March to November (9 months)
- Attractions: Close Mountain, landscape, remote villages and people
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- Trekking Grade: Medium
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